



R.A.D.: **RAPE AGGRESSION DEFENSE**



FREE Women's Self Defense Course

Date: April 6th and 13th, 2019

Time: 9:00 AM to 4:00 PM each day (with 1 hour lunch break)

Place: PD Training 207 N Appletree St

Space is limited to 25 students

The Dothan Police Department is offering a **FREE** rape and aggression defense class for women and girls ages 12 and up. The 12-hour class is taught over two days.

Students can expect discussions on existing dangers and self-defense techniques suitable for women of all ages and abilities.

The class is designed to give practical responses to women during various levels of confrontation, from passive verbal comments to severe aggressive attacks. Email dothanpdrad@dothan.org

or call 334-793-0230 to register.

